



2018 Optimum Life[®] Continuing Education Series



Sexuality in Aging

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In this month's program we are going to explore the topic of aging and sexuality with a specific focus on considerations for supporting sexuality in senior living. We will debunk myths, learn about the positive benefits of sexual activity after age 80 and discuss what the latest research is telling us. In this session we will also spend time on how senior living professionals can approach situations that arise around sexuality in their communities and review the special considerations for our residents living with dementia.

Following this presentation the participant will be able to:

- Know the facts about the prevalence of sexual expressions in older adults
- List the positive benefits of sexual activity after age 80
- Learn strategies for dealing with sexuality in senior living settings
- Discuss how to support sexual expressions in residents with dementia

- The Optimum Life CE series is a pre-recorded webcast.
- This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- Please call (312) 977-3711 for more information about contact hours.
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 total clock hours from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.

