



2018 Optimum Life[®] Continuing Education Series



Parkinson's and Movement Disorders

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Parkinson's disease (PD) is a brain disorder that leads to shaking, stiffness and difficulty with balance, coordination and walking. More than 10 million people worldwide are living with PD, according to the Parkinson's Foundation. More often than not, actions and movements are a part of the day we don't pay much attention to; we just do it. However, when something happens and these automatic voluntary movements become difficult, it can be a sign of a movement disorder.

This presentation will review different movement disorders that can cause a plethora of symptoms that can decrease one's independence and result in a change in lifestyle, treatment intervention and the need for caregiver assistance for those affected.

Following this presentation the participant will be able to:

- Understand what a neurological disorder is and the difference between various neurological disorders
- Recognize signs and symptoms of Parkinson's disease and other motor disorders
- Identify different treatment interventions and options available
- Discuss and understand the need for role changes in the progression of Parkinson's and movement disorders

- The Optimum Life CE series is a pre-recorded webcast.
- This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- Please call (312) 977-3711 for more information about contact hours.
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 total clock hours from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.

