



2018 Optimum Life[®] Continuing Education Series



Fall Management: *An Imperative in Senior Care*

Kim Estes Elliott, MSN, RN, Senior VP Clinical Services

Falls impact the safety and independence of seniors, while also creating economic and personal costs. Understanding risk factors, providing comprehensive assessments and determining appropriate evidence-based fall management programs are essential to providing quality comprehensive care and services to our seniors today. This program will provide you with a deeper understanding of the complicated fall risk factors for the aging and provide frameworks for evaluating and identifying seniors at risk. It will also explore several evidence-based fall avoidance strategies to assist healthcare professions to decrease the number and impact of falls in seniors.

Following this presentation the participant will be able to:

- Recognize the many factors that would place a senior at risk for a fall
- Discuss screening and assessment methods to identify the population/individuals at risk
- Identify strategies and evidence-based management programs to decrease falls and their negative impact on quality of life
- Discuss potential physical and emotional consequences that occur along with falls

- The Optimum Life CE series is a pre-recorded webcast.
- This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.
- Please call (312) 977-3711 for more information about contact hours.
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 total clock hours from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 clock hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.

