Optimum Life^{*} 2020 **Continuing Education Series**

Dementia: The Lived Experience

Juliet Holt Klinger, MA, Senior Director of Dementia Care Michael Belleville, Dementia Advocate Cheryl Belleville, Dementia Advocate and Care Partner

Dementia: The Lived Experience will explore the experience of living with dementia firsthand and from the "true experts" in dementia care — someone diagnosed with the disease and his care partner. We will explore the journey from receiving a diagnosis to developing a plan of care and support that leads to a life well lived. We will discuss strategies to maximize independence, maintain a sense of identity and plan for the future. Our presenters will describe quality care from the perspective of someone living in the early stage and their care partner and will offer insights on how care providers can support efforts to live well for as long as possible.

Following this presentation the participant will be able to:

- Explore the evidence related to care and support challenges faced by persons living with dementia and their care partners
- Gain a better understanding of individuals living with dementia
- Define what quality of care and support is through the eyes of someone living with dementia
- Understand how to support independence and identity for people living with dementia

- This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour.

• Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.

- This course is approved by the Michigan Social Work Continuing Education Collaborative.
- Call (312) 977-3711 for more information about contact hours.

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The Optimum Life CE series is a pre-recorded webcast.

[•] This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed.