



Introduction to Trauma-Informed Care for Healthcare Workers

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Organizations that aim to provide high-quality care must recognize the significant impact of trauma on health. Without that awareness, healthcare systems and medical services can inadvertently be re-traumatizing. Organizations can develop a lens that allows them to identify aspects of their system and services that contribute to this re-traumatization. A trauma-informed care approach recognizes the role trauma plays in our individual lives and structures an organization and its services around healthcare delivery in ways that support workers and patients to maximize both their physical and mental health.

Following this presentation the participant will be able to:

1. Define trauma-informed care
2. List the key components of trauma-informed care
3. Identify situations in care interactions in which this framework can be applied
4. Assess their own relationship with trauma
5. Identify next steps for competency development in their practice

- The Optimum Life CE series is a pre-recorded webcast.
- This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed.
- Call (312) 977-3711 for more information about contact hours.
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.
- This course is approved by the Michigan Social Work Continuing Education Collaborative.
- This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).