



## Dementia: A Woman's Concern

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In this session we will explore why dementia is a growing healthcare concern for women. The emerging research and statistics show us that increasingly more women are affected by dementia than men both in terms of living with dementia and in terms of caregiving responsibilities. The current science behind why women are at greater risk for dementia shows some surprising trends. We will also explore the unique and far-reaching implications of the caregiving role for women.

### Following this presentation the participant will be able to:

1. Learn what is and is not dementia, as well as the stages of dementia.
2. Review the current research trends on why dementia is a women's healthcare concern.
3. Discuss the implications of the caregiving role for women.
4. Learn self-care techniques and tools for increasing well-being as a caregiver.

- The Optimum Life CE series is a pre-recorded webcast.
- This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed.
- Call (312) 977-3711 for more information about contact hours.
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.
- This course is approved by the Michigan Social Work Continuing Education Collaborative.
- This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).