Optimum Life[®] 2021 **Continuing Education** Series



Carl V. Hill, PH.D., MPH, Vice President, Scientific Engagement and Public Health Initiatives, Alzheimer's Association

Dementia touches every community, yet some groups are at greater risk. The lack of equity, such as social, health and environmental, impacts the health and well-being of all and creates health disparities. This presentation will discuss health equity in Alzheimer's and dementia research, early detection and diagnosis, as well as the latest advances in clinical trials and lifestyle interventions. Dr. Hill will also discuss how policy intersects and drives necessary change in Alzheimer's and dementia healthcare.

Following this presentation the participant will be able to:

- 1. Learn fundamental information about at least four dementias and the three hallmark characteristics of Alzheimer's dementia.
- 2. Understand information about the latest research on blood biomarkers and at least three newly identified modifiable risk factors.
- 3. Discuss the need for better diversity and inclusion in dementia science, with focus on researcher and study participant inclusion.
- 4. Learn about the vision for health equity and the many pathways through research, care, support and policy that must be addressed in its pursuit.

• Call (312) 977-3711 for more information about contact hours.

This activity is pending approval from the National Association of Social Workers

- This course is approved by the Michigan Social Work Continuing Education Collaborative.
- This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).



The Optimum Life CE series is a pre-recorded webcast.

[•] This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed.

This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS

This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour.

[•] Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.