

## Seniors and Sex: Healthy Sexuality Later in Life

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What do older adults age 55 to 80-plus say about how healthcare professionals interact with them about sexuality — or don't — and what do they wish would happen? This presentation will describe the sexual concerns seniors may be reluctant to share with their healthcare professionals and important facts you should know about each one. Participants will learn how to open a productive discussion with senior clients about their sexual concerns and questions, and why it's important to do so.

### **Following this presentation the participant will be able to:**

1. Identify three major reasons that seniors age 55 to 80-plus do not reveal their sexual concerns to healthcare professionals.
2. Identify three assumptions healthcare professionals frequently make about seniors and their sexuality.
3. Identify four sexual concerns that seniors have difficulty discussing with their healthcare professionals.
4. Formulate two questions to elicit sexual concerns of partnered and single seniors.

\*May be subject to certain safety precautions in accordance with the authority having jurisdiction over the community. Please contact us for details.

The Optimum Life CE series is a pre-recorded webcast. • This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed. • Email [cesupport@brookdale.com](mailto:cesupport@brookdale.com) for more information about contact hours. • This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS. • This activity is pending approval from the National Association of Social Workers. • This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour. • Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221. • This course is approved by the Michigan Social Work Continuing Education Collaborative. • This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).