

Companioning the Bereaved: Caring Versus Curing

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Healthcare workers face grief on the front lines both professionally and personally. This presentation will help you enhance your knowledge and skills related to supporting people experiencing grief and loss. Anchored in Dr. Alan Wolfelt's "companioning" model of grief care, there will be a recognition of how grief and mourning are normal and necessary experiences that are fundamentally a journey of the heart and soul. A critical distinction between caring versus curing will be outlined. Participants will go away with a wealth of knowledge surrounding the transformative nature of grief.

Following this presentation the participant will be able to:

1. Define a broader framework for loss/grief.
2. Explain the distinction between "caring" versus "curing".
3. Understand the 11 tenets of "companioning" versus "treating" the mourner.
4. Define six universal needs of mourning.

May be subject to health screening, face coverings, social distancing, proof of COVID-19 vaccination and/or proof of negative COVID-19 test. Requirements vary by community in accordance with state or local directives or recommendations by the CDC. Please contact us for details.

The Optimum Life CE series is a pre-recorded webcast. • This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed. • Email cesupport@brookdale.com for more information about contact hours. • This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS. • This activity is pending approval from the National Association of Social Workers. • This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour. • Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221. • This course is approved by the Michigan Social Work Continuing Education Collaborative. • This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).

