

# The Collision of Ethical Principles and Moral Distress in Healthcare

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This session will present how ethical principles are utilized daily within healthcare settings; yet when complex situations arise, many times moral distress occurs. The session will explore ethical principles, moral distress and how polarity management can bring clarity to dilemmas. The session will weave in a look back at how the pandemic has called out this collision and what can be done to continue to move forward.

## Following this presentation the participant will be able to:

1. Identify how ethical principles can be used as tools when faced with dilemmas.
2. Recognize the impact of moral distress and the potential tension with ethical principles.
3. Develop an understanding that everyday there are intersections between ethics, moral decisions and leadership.
4. Define polarity management and the role it can play to maneuver through the tensions between moral distress and ethical principles.

May be subject to health screening, face coverings, social distancing, proof of COVID-19 vaccination and/or proof of negative COVID-19 test. Requirements vary by community in accordance with state or local directives or recommendations by the CDC. Please contact us for details.

The Optimum Life CE series is a pre-recorded webcast. • This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed. • Email [cesupport@brookdale.com](mailto:cesupport@brookdale.com) for more information about contact hours. • This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS. • This activity is pending approval from the National Association of Social Workers. • This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour. • Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221. • This course is approved by the Michigan Social Work Continuing Education Collaborative. • This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91).

