



OPTIMUM LIFE®

2023 Continuing Education (CE) Series Schedule

Join us for our upcoming Optimum Life® Continuing Education (CE) Series for healthcare professionals.

For more than 10 years, our monthly CE series has been committed to sharing and educating health professionals with the latest knowledge in senior care and well-being. This recorded webcast series provides 1.0 CE credit (one hour) per session for nurses, social workers and case managers. Participants can also have their questions answered by our content experts.

JANUARY	Creating a Person-Centered Workforce: Addressing Staffing Challenges Anna Ortigara RN, MSN, Gerontological Nurse Specialist
FEBRUARY	Characterizing Dementia Caregiving Styles to Help Improve Outcomes and Intervention Strategies Amanda N. Leggett, PhD, FGSA, Assistant Professor, Institute of Gerontology and Department of Psychology at Wayne State University
MARCH	Nutrition Strategies for Dysphagia in Older Adults Sara Casey, RD, LDN — Director of Nutrition at Brookdale
APRIL	Cultural Differences and Health Disparities Within the Older Adult Population Leigh-Anne Royster, PhD, Assistant Vice President for Diversity, Equity and Inclusion at Duke University
MAY	Powers of Attorney: What's New and How It Affects Healthcare Professionals Kerry R. Peck, Managing Partner of Peck Ritchey, LLC and Chair of the Illinois Supreme Court Commission on Elder Law
JUNE	We Are Family: Considerations for LGBTQ+ Support Networks Dan Stewart, MSG, Associate Director of the Aging Equality Project, Human Rights Campaign Foundation
JULY	Dignified Death: Approaching, Navigating, Decision-Making and Care at the End of Life Anne Gifford, MD, MPH, Assistant Professor of Medicine, Division of Geriatric Medicine at Vanderbilt
AUGUST	The Power of Influencing Through the Lens of Ethical Considerations Martie Moore, MAOM, RN, CPHQ, CEO, m2WL Consulting
SEPTEMBER	Falls Management Technology With Dementia: Helping to Create a Culture of Safety Juliet Holt Klinger, MA — Gerontologist
OCTOBER	The Importance of Deprescribing for Older Adults Todd King, Pharm.D., Executive Director, Clinical Operations, Professional Solutions & Services — OCR
NOVEMBER	Dementia — The Lived Experience: Reducing Bias, Improving Detection and Facilitating Solutions in Healthcare Sara L. Langer, MD; Thomas L. Mahoney, MD FACP; David R. Compton, MD; Juliet Holt Klinger, MA — Gerontologist
DECEMBER	Ethics and You: Improving a Posture of Respect, Disclosure and Transparency William J. McDonough, MPAH, ARM, PhD, FASHRM, Managing Director, Healthcare Practice, Marsh

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