

Characterizing Dementia Caregiving Styles to Help Improve Outcomes and Intervention **Strategies**

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When it comes to dementia care, there is no one-size-fits-all approach. It's important to be well-versed in various caregiving styles and to know which approach will yield the best results for you and the person in your care. In this session, participants will learn the tenets of each approach, the outcomes yielded by each approach, and how to discern when different intervention methods are most appropriate. Be sure to attend this seminar if you are interested in learning new tools to help make your dementia care experience smoother than ever.

Following this presentation, the participant will be able to:

- 1. Identify distinct caregiving styles and their component dimensions.
- 2. Identify how caregivers' cognitive-behavioral approaches to care impact care outcomes.
- 3. Recognize different intervention methods healthcare professionals may take with caregivers based on their care style.

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