

Choosing the Right Community: Questions to Ask Yourself



Use this guide to compare communities and evaluate its fit for you. Check off what feels right.

STEP 1: Have I taken a closer look?

- Did I** visit more than once at different times of day?
- Did I** walk through more than the main areas?
- Did I** notice how people spend their day?
- Did I** see how team members interact with residents?
- Did I** ask about a short stay or trial experience?
- Have I** tasted the food?
- Does this community feel **comfortable and welcoming**?

STEP 2: Do I understand the full cost?

- Do I know** what's included in the monthly cost?
- Did I ask** about services that may cost extra?
- Do I understand** how care needs may change the price?
- Did I ask** how often rates may change?
- Do I feel** comfortable with the overall budget?
- Does the cost feel **clear and manageable**?

STEP 3: Will this work for the future?

- Can support adjust** if needs change?
- Did I ask** about long-term care options?
- Do I feel confident** in the team and leadership?
- Does this place** feel like it can grow with me or my loved one?
- Do I feel prepared** for what comes next here?

STEP 4: Does this feel like the right fit?

- Is there a sense of **support and at ease** here?
- Is it easy to picture **daily life feeling enjoyable**?
- Do the activities** and social options feel like a good match?
- Does the space** feel comfortable and easy to navigate?
- Can I see myself or my loved one **feeling at home here**?

Final Reflection

- This community feels **like a good fit for today**
- This community feels **like a good fit for the future**

Overall feeling:

- Confident
- Unsure
- Need more time