



2019 Optimum Life[®] Continuing Education Series



Pain Management and Opioid Use in Seniors

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Pain management in seniors is a challenge due to a number of factors. Seniors are among the most undertreated for pain and least likely to report pain. However, when they report pain, up to 25 percent of older Americans do not receive analgesic therapy or non-pharmacological treatment. This presentation will review the assessment of pain, as well as non-pharmacological interventions and pharmacological treatments for pain. It will also address common challenges with the use of opioid analgesics in seniors and discuss common misconceptions about their use in this population.

Following this presentation the participant will be able to:

- Interpret the impact of pain on quality of life and how pain should be properly evaluated in seniors
- Understand commonly used non-pharmacological treatments to manage pain in seniors
- Define the commonly used non-opioid analgesics used to manage pain in seniors
- Identify commonly used opioid analgesics to manage pain in seniors, understand how to decrease the risk of addiction when using these medications and manage common side effects with opioids

- The Optimum Life CE series is a pre-recorded webcast.
- This activity has been submitted to the Ohio Nurses Association for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation (OBN-001-91)
- Call (312) 977-3711 for more information about contact hours.
- This program has been submitted (but not yet approved) for Continuing Education for 1.0 hour from NAB/NCERS.
- This activity is pending approval from the National Association of Social Workers.
- This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour.
- Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221.
- This course is approved by the Michigan Social Work Continuing Education Collaborative.